## **Criterion V: Student Support and Progression**

## 5.1 Student Support 5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following Life Skills



Sr. No.	Year	Name of Program	Organized by	No of Beneficiery	Date
1	2022-23	Physical Wellness Activity	Sports Department	18	06/02/2023
2	2022-23	Shivanand Yoga Course	Department of Zoology	15	26/12/2022
3	2022-23	Heath Check-Up Campaign	Sports Department	67	13/09/2022
4	2022-23	Gardener Trainer Course for Beginners	Department of Botany	31	15/01/2023
5	2021-22	Physical Wellness Activity	Sports Department	15	02/02/2022
6	2021-22	Shivanand Yoga Course	Department of Zoology	15	13/12/2021
7	2021-22	Gardener Trainer Course for Beginners	Department of Botany	69	25/05/2022
8	2020-21	Physical Training Program	Sports Department	19	01/02/2021
9	2020-21	Shivanand Yoga Course	Department of Zoology	15	22/12/2020
10	2019-20	Career Oriented Course on Life Skills (Health)	Department of Microbiology	32	02/10/2020
11	2019-20	Gardener Trainer Course for Beginners	Department of Botany	28	14/01/2020
12	2019-20	Workshop on Diet and Body building	Sports Department	18	12/12/2019
13	2019-20	Celebration of International Yoga Day	Dr. Ghali College, Gadhinglaj	62	21/06/2020
14	2019-20	Shivanand Yoga Course	Department of Zoology	15	16/12/2019
15	2019-20	Orientation on Strength Training and Conditioning	Dr. Ghali College, Gadhinglaj	14	14/02/2020
16	2018-19	Career Oriented Course on Life Skills (Health)	Department of Microbiology	50	01/04/2019
17	2018-19	Gardener Trainer Course for Beginners	Department of Botany	31	15/1/2019
18	2018-19	Pre-Recruitment Physical Trainging Proram	Sports Department	18	20/08/2019
19	2018-19	Shivanand Yoga Course	Department of Zoology	15	18/12/2018